

# REPLENISHING THE WELL

## RETREAT AT TASSAJARA

Join Deborah Donohue

Felícia Tomasko & Greg Fain

For a four day retreat in the sacred wilderness &  
rejuvenating waters of

## TASSAJARA HOT SPRINGS

- Restorative yoga & somatic (body oriented) writing
- Ayurveda
- Meditation
- Leisure time to hike, swim  
& drink in the beauty & stillness  
of the forest
- Gourmet vegetarian food
- Private or shared accommodations

May 31-June 4<sup>th</sup>

Info: [www.sfzc.org/tassajara](http://www.sfzc.org/tassajara)

Or call: 805.452.8674